

Per 10 litres of water / every watering

**VEGETATIVE GROWTH**  
FOR SEEDLINGS AND CUTTINGS  
(18 hours of light)

**FLOWERING**  
(12 hours of light)

WEEK	1		2		3		4		5		6		7		8		9	
<b>1 COMPONENT SOIL (Grow/Bloom)</b>	25-35 ml	25-35 ml	30-40 ml	30-40 ml	35-45 ml	35-45 ml	40-50 ml	30-40 ml	30-40 ml	30-40 ml	30-40 ml	30-40 ml	30-40 ml	30-40 ml	30-40 ml	30-40 ml	30-40 ml	30-40 ml
	1,6 EC	1,6 EC	1,8 EC	1,8 EC	2,0-2,1EC	2,0-2,1EC	2,2 EC	1,6 EC	1,6 EC	1,6 EC	1,6 EC	1,6 EC	1,6 EC	1,6 EC	1,6 EC	1,6 EC	1,6 EC	1,6 EC
F1 Extreme Booster *4											20-30 ml adjust to EC 2.2	20-30 ml adjust to EC 2.2	20-30 ml adjust to EC 2.2	20-30 ml adjust to EC 2.2	20-30 ml adjust to EC 2.2	20-30 ml adjust to EC 2.2	20-30 ml adjust to EC 2.2	20-30 ml adjust to EC 2.2
Frooting Power *4											6,5 gram	6,5 gram	6,5 gram	6,5 gram	6,5 gram	6,5 gram	6,5 gram	6,5 gram
Root Stimulator	1ml	2ml	2ml	2ml														
Bloom Stimulator			2ml	2ml	2ml	2ml	2ml	2ml	2ml	2ml	2ml	2ml	2ml	2ml	2ml	2ml	2ml	2ml
Final Solution *1	6ml		6ml						6ml									
Foliar Spray	40ml spray*2		40ml spray*2		40ml spray*2													
Pro Active (optional)	100ml spray*2	100ml spray*2	1-2 ml drip	1-2 ml drip	1-2 ml drip	1-2 ml drip	1-2 ml drip	2-3 ml drip	2-3 ml drip	2-3 ml drip	2-3 ml drip	2-3 ml drip	2-3 ml drip	2-3 ml drip	2-3 ml drip	2-3 ml drip	2-3 ml drip	2-3 ml drip
Silica Power (optional) *3	1ml	1ml	1ml	1ml	2ml	2ml	2ml	2ml	2ml	2ml	2ml	3ml	3ml	3ml	3ml	3ml	3ml	3ml
Yuccah (optional)	10-20 ml	10-20 ml	10-20 ml	10-20 ml	10-20 ml	10-20 ml	10-20 ml	10-20 ml	10-20 ml	10-20 ml	10-20 ml	10-20 ml	10-20 ml	10-20 ml	10-20 ml	10-20 ml	10-20 ml	10-20 ml
Amino Complex (optional)	2-3 ml	2-3 ml	2-3 ml	2-3 ml	2-3 ml	2-3 ml	2-3 ml	2-3 ml	2-3 ml	2-3 ml	2-3 ml	2-3 ml	2-3 ml	2-3 ml	2-3 ml	2-3 ml	2-3 ml	2-3 ml
CalMag 2.0 (optional) *5	10ml	10ml	10ml	10ml	10ml	10ml	10ml	10ml	10ml	10ml	10ml	10ml	10ml	10ml	10ml	10ml	10ml	10ml
Standing fan	Off	Off	Minimum	Medium	Medium	Medium	Medium	Maximum	Maximum	Maximum	Maximum	Maximum	Maximum	Maximum	Maximum	Maximum	Maximum	Maximum
Temperature day/night	24/24	24/24	28/20	28/20	28/20	28/20	28/20	28/20	28/20	28/20	28/20	28/20	28/20	28/20	28/20	28/20	28/20	28/20
Humidity	80%	70%	65%	60%	60%	60%	55%	55%	50%	45%	40%	40%	40%	40%	40%	40%	40%	40%
pH	6,0	6,0	6,0	6,0	6,0	6,0	6,0	6,0	6,0	6,0	6,0	6,0	6,0	6,0	6,0	6,0	6,0	6,0

\*1 Only once a week.  
 \*2 Always spray with lights out.  
 \*3 Dissolve Silica Power always first in your tank before adding the rest of your nutrients.  
 \*4 Never use Frooting Power in combinatie with an other booster. Fill your watertank. Make sure that your basic nutrient solution has an EC of 1,2 before adding Frooting Power.  
 \*5 Use Calmag to enrich water that is poor of calcium and magnesium or as supplement to a normal nutrition.

**FEED CHART FOR SOIL** This Feed Chart is just a guide. Naturally it is possible to deviate. We advise u to use a pH and/or EC meter.